



**Table Tennis, Anyone?
Year-End Giving
Special Member Luncheons**

A MESSAGE FROM OUR INTERIM EXECUTIVE DIRECTOR



As you receive this issue of the Joslyn Journal, we will be wishing summer a fond farewell and welcoming the cooler fall temperatures. Before you know it, the holiday season will be upon us with time for family and friends. What better way to celebrate than by donating holiday food items and non-perishable items to our weekly *Joslyn Community Food Bank*. We are currently serving over 75 families each week with food staples, fresh produce, and bakery items from FIND Food Bank and Albertson's. We want to make the holidays extra special for our community and members by offering free turkeys for Thanksgiving and hams for the Christmas holidays. If you could help with a financial contribution to the Food Bank, you would be making the holidays "bright" for a family right here in your community.

Last year, we had nearly 50,000 encounters with members, clients and community members taking part and enjoying the 75+ programs and activities we provide each week. Whether its table tennis or an exercise class, bridge or knitting, you can find something to do at Joslyn Center every day of the week. Now you are able to try your hand at *Pickleball* at one of our three new courts. Our Wellness Center experienced record enrollments in *Brain Boot Camp* and people taking advantage of our *Problem-Solving Strategies* counseling program. The Joslyn Center provides counseling in both English and Spanish from one end of the Coachella Valley to the other.

This past year has not been without its challenges. Today, I can tell you that the Joslyn Center is moving forward and recommitted to meeting the needs of our members. With our new solar system, we are saving over \$4,000 each month during the summer on electric bills. We are proud to be a cooling center for our community and see busy days at our classes and activities even during the hottest part of the year. But, like your own expenses, our operating expenses are growing, while continuing economic uncertainties have affected our ability to meet our fundraising goals. If you see a fundraising event, please join us. They are always fun and bring in vital funds to continue supporting our programs.

As you celebrate this holiday season with your friends and family, please remember those who are alone and would be isolated without the Joslyn Center and the programs and services we offer. The Joslyn Center is family to our members, a place to meet new friends, rebuild lives, and celebrate the holidays together . . . not alone.

Your generous year-end contribution is a way you can help make sure lives are changed every day at Joslyn Center. Thank you one and all . . . enjoy the fall festivities and Happy Holidays!!!

Jack Newby
Interim Executive Director

the joy of



When the holiday shopping season takes hold and we seek meaningful gifts for friends and family, please remember your friends and family at Joslyn Center and consider a year-end charitable contribution.

Tax-deductible donations support programs, services and operating expenses at the largest senior center in the two counties.

No year-end donation is too small and, of course, no donation is too large. **To contribute to the well-being of our community, please use the enclosed donation envelope or visit JoslynCenter.org/Donate.**

May the holidays bring you joy and may the joy of giving bring happiness to all!

COVER STORY

It's on like ping-pong! Table tennis has been on the firmament of competitive and recreational activity since its origins in Victorian England. It is a game of precision, speed, and skill derived from versions developed by British military officers in India during the 1860s and 1870s. The official rules and regulations are specified in the International Table Tennis Federation (ITTF) handbook first published in 1927, and it was introduced as an Olympic sport in 1988.



Following the 2000 Olympics in Sydney, the ITTF instituted several rule changes that were aimed at making table tennis more viable as a televised spectator sport. The ball size was increased slightly and a few months later the change was made from a 21-point to an 11-point scoring system. The five-point serve rotation was also reduced to a two-point rotation, all with the goal of making games more fast-paced and exciting.

For anyone interested, Joslyn's fun and friendly table tennis action takes place three days a week under the watchful eye of Jim Keep. *Table Tennis Lessons* are on Wednesdays from 1:30-3:30pm, and *Table Tennis Open Play* is on Mondays and Fridays from 1:00-4:30pm. Paddles are provided if needed.

L-R on the cover: Angela Rusigno, Jim Keep, Suzanne Conner, Paul Sumares, Jay Nelson, Keith Cervenka, Carol Stokes, and Bao Lian Huang.



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- Channel Islands
- Inyok
- Whittier
- Los Angeles

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www.brainworksbehavioralhealth.com



New Member Orientation

Friday, October 3rd
Friday, November 7th
Friday, December 5th
10:00-11:00am

Call 760-340-3220 to register.

TABLE TENNIS

Monday & Friday
1:00-4:30pm



LESSONS with Jim Wednesdays 1:30-3:30pm

Arthur Newman Theatre Sunday Cabaret Series

The *Sunday Cabaret Series* is returning with a talented lineup of entertainment for the new season which will run through May 24, 2026.

All shows begin at 3:00pm with doors opening at 2:30pm for immediate seating. Admission is \$25, cash only. No reservations are needed and there is ample parking and theatre seating.

For more information or to be added to the mailing list, please email SundayCabaretSeries@gmail.com or visit SundayCabaretSeries.com.

10/5/25	Marcia Harp	<i>Have You Given Up This Time</i>
10/12/25	David Boyd	<i>The Bobby Darin Story in Song</i>
10/19/25	Kristi King	<i>Tribute to Connie Francis</i>
10/26/25	Joe Croyle	<i>A Tribute to Joe Croyle</i>
11/02/25	Chris Bennett & Bill Marx	<i>On My Way to You</i>
11/09/25	Johnny Spinks	<i>Technicolor Dreams</i>
11/16/25	Yve Evans	TBD
11/23/25	Jenne Carey	TBD
11/30/25	Angie Delaire	<i>Holiday Show</i>
12/07/25	Tod Macofsky	TBD
12/14/25	Frankie Mamone	<i>Christmas Show</i>
12/21/25	Sensational Jewels	<i>Christmas Show</i>
12/28/25	Marcia Harp	<i>Holiday Show</i>
1/04/26	Derrik Lewis Trio	TBD
1/11/26	Bill Spera with Chip Prince	TBD
1/18/26	Seth Hampton	TBD
1/25/26	Frankie Mamone	<i>From Italy with Amore</i>
2/01/26	Francesca Amari	TBD
2/08/26	Bunny Fisher	<i>ANYTHING GOES!</i>
		<i>Love in the 3rd Act</i>
2/15/26	Frankie Mamone & Angie Delaire	<i>Steve Lawrence & Eydie Gorme Show</i>
2/22/26	Sam Fazio	TBD
3/1/26	Joel Baker & Leslie Tinaro	<i>Carpenters Tribute Show</i>
3/8/26	Lee Therman	TBD
3/15/26	Howard Crosby	TBD
3/22/26	Patrice Morris	TBD
3/29/26	Sydney Weisman	TBD
4/5/26	DARK FOR EASTER SUNDAY	
4/12/26	Kimberly Cofer	TBD
4/19/26	Earl Mitchell & Daughter	TBD
4/26/26	Gene Strange, Tod Macofsky & Kim Shroeder Long	TBD
5/3/26	Rick E. "Wally" Taylor	TBD
5/10/26	Kristi King	<i>Doris Day Tribute</i>
5/17/26	TBD	
5/24/26	Ensemble Cast	<i>Legends of the Desert</i>

Show schedule may be subject to change.

CLASSES & ACTIVITIES*

Adult Bereavement Group	Monday	9:00am-10:00am	Free
Balance Conditioning	Tuesday & Thursday	Noon-1:00pm	\$7
Basketry	Wednesday	10:00am-Noon	Free
Belly Dancing	Friday	9:00am-10:00am	Free
Bingo	Tuesday	Noon-3:00pm	\$15 / 10 games
Blood Pressure Screening	Monday	10:30am-11:30am	Free
Breast Cancer Support Group	2nd & 4th Friday	1:00-3:00pm	Free
Bridge Lessons	Tues. (Beg.) & Thurs. (Open Game)	10:00am-Noon	\$3
Calisthenics	Tuesday & Thursday	10:00am-11:00am	Free
Canasta (Minnesota)	Monday & Friday	9:00am-Noon or 1:00pm	Free
Caregiver Support Group	Every other Friday	10:00am-11:00am	Free
Care Pathways	Thursday	2:00-3:00pm	Free
Deaf / Hard of Hearing Card Club	1st Tuesday of the month	1:00pm-3:00pm	Free
Gardening Club	2nd Monday of the month	10:00am-Noon	Free
Group Counseling	Monday	1:30pm-2:30pm	Free
Get Tech	Call for days	Call for times	Free
Go4Life®	Monday, Wednesday, Thursday, Friday	8:00am-9:00am	Free
Guided Meditation	Tuesday	10:30-11:30am	Free
HICAP	1st & 3rd Thursday of the month	9:00am-Noon by appt.	Free
Improv with Melanie	Thursday	11:30-1:00pm	Free
International Folk Dancing	Tuesday (starting Nov. 4)	2:00pm-4:00pm	Free
Joslyn Community Food Bank	Friday	8:00am until depleted	Free
Jewelry Making Club	Tuesday	Noon-2:00pm	Free
Joslyn Singles	Thursday	3:30pm-6:00pm	Meal cost
Knit & Crochet Club	Wednesday	9:00am-Noon	\$1
Lawn Bowling Club	Monday, Wednesday, Friday	9:00am-11:30am	Contact Club
Let's Do Lunch	1st & 3rd Wednesday	11:30am-1:00pm	Free
Line Dancing	Tuesday	10:00am-11:00am	Free
Mah Jongg - Beg. American	Thursday	1:00pm-3:00pm	Free
Memoir & Creative Writing	Tuesday	1:30pm-3:30pm	\$5
Men's Club	Thursday	1:00pm-3:00pm	Free
Mexican Train Dominoes	Monday, Tuesday, Wednesday	10:00am-Noon	Free
Morning Bites	Monday	9:00am-11:00am	Free
Movie Matinee	Wednesday	2:00pm-4:00pm	Free
Nancy's Salon de Joslyn	Monday	By appointment	Donation
New Member Orientation	1st Friday of the month	10:00am-11:00am	Free
Parkinson's in Motion	Wednesday	10:00-11:00am	Free
Pickleball - Beginner Lessons	Monday, Thursday & Friday	10:00-11:00am	Free
Pickleball - Intermediate Lessons	Monday, Thursday & Friday	10:00-11:00am	Free
Pickleball - Open Court	Monday, Thursday & Friday	Noon-4:30pm	Free
Pinochle Club	Tuesday	9:00am-1:00pm	Free
Pinochle Lessons	Wednesday	Noon-3:00pm	Free
Prostate Cancer Support Group	Wednesday	2:00pm-3:30pm	Free
Quilters Club	Tuesday	9:00am-Noon	\$1
Resistance Band Exercise	Monday & Wednesday	9:00am-10:00am	Free
Scrabble	Wednesday	Noon-3:00pm	Free
Senior Advocates	1st & 3rd Wednesday of the month	10:00am-Noon by appt.	Free
Stretching Class	Wednesday	10:00am-11:00am	Free
Table Tennis	Monday & Friday	1:00pm-4:30pm	Free
Table Tennis Lessons	Wednesday	1:30pm-4:30pm	Free
Tai Chi	Monday, Tuesday, Wednesday	9:00am-10:00am	Free
Tap Lessons	Monday & Wednesday	2:00pm-4:00pm	\$18
Ukulele Club	Tuesday	1:00pm-3:00pm	\$1
Water Media Club	Friday	8:00am-Noon	\$5
Yoga	Tuesday	8:30am-9:30am	\$5

*Classes may be subject to change and are updated regularly on JoslynCenter.org.

THANK YOU TO OUR CORNERSTONE CLUB MEMBERS

Charles Alfaro*	Jo Ann McCabe
Hugo Aguas* & Donna Aguas	Barbara Mitchell*
Monica & Paul Bambauer	Mellisa Nielsen &
Barbara Jean &	Ron Silverman
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Adele Kopko	Thomas Wright
Lauren Looney	

*Joslyn Center Board Member

THE CORNERSTONE CLUB supports Joslyn Center programs & services with annual contributions at the following levels with commensurate member benefits:

- Platinum \$3,000 (\$250/mo.) ●Silver \$600 (\$50/mo.)
- Gold \$1,200 (\$100/mo.) ●Bronze \$300 (\$25/mo.)

For as little as \$25 per month, you can be a member of the Cornerstone Club.

For more information, please contact Greg Murphy, Director of Development & Marketing, at 760-895-4651 or GregM@JoslynCenter.org.

JOSLYN CENTER

SPONSORED BY **DESERT OASIS HEALTHCARE**
Your Health. Your Life. Our Passion.

VETERANS DAY 2025

11 NOV 9AM - 10AM

**FOOD, DRINKS, & MUSIC
COME AND JOIN US!**

Veterans, please join us for some food and drinks.
Veterans and family members are invited.

MEMBER LUNCHEONS

**COVE COMMUNITIES SENIOR ASSOCIATION
THE JOSLYN CENTER**

Thankful with Friends

**Friendsgiving
POTLUCK**

To participate, you must bring a dish.

NOV 14 | NOON - 2:00PM

Registration with Judy is required.
JudyS@JoslynCenter.org
or 760-895-4655

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JOSLYN HOLIDAY LUNCHEON

FOOD | DRINKS | GIVEAWAYS

DECEMBER **12** 11:30 AM - 1:30 PM

TICKETS MUST BE PURCHASED BY DEC. 5TH AT THE FRONT DESK.

LIMITED SEATING.

\$20 ENTRY TICKET | CASH ONLY



NANCY'S SALON DE JOSLYN

MEMBERS CAN ENJOY A SPA TREATMENT
MONDAYS, 8AM-1PM
CALL 760-636-0577 FOR APPOINTMENTS

- Haircuts for men & women
- Maintenance facial includes:
• Eyebrow shaping & cleaning
- Extractions, exfoliation & treatment for dehydration

SERVICES ARE FREE FOR JOSLYN MEMBERS ONLY!
\$20 MINIMUM GRATUITY FOR FACIALS
\$10 MINIMUM FOR OTHER SERVICES

Services provided as a courtesy to Joslyn members by Nancy, volunteering her time.

Tipping is greatly appreciated.

Palm Desert Golf Cart Parade

Joslyn Center will have a cart in this year's Palm Desert Golf Cart Parade on Sunday, October 26th on El Paseo.

Please cheer us on as we pass by!

Free seating is available in the Senior Section.

Seniors are 65+ and must be prepared to present ID upon check in.

Includes:
Shaded seat in a prime location and Box lunch.



Scan QR code to reserve your seat!



DESERT OASIS HEALTHCARE

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PRESENTS



**Thursday,
October 23, 2025 • 9am-Noon**



**Joslyn Center
73-750 Catalina Way • Palm Desert, CA**

**CPR/AED Education & Hands-On Practice
Free Flu Shots**

Screenings will include:

**Respiratory Screening • Blood Pressure • BMI
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Contact Us

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mscaregiving@gmail.com

Problem-Solving Bilingual Counseling & Support

Worried and searching for solutions? Joslyn can help!



Problem-Solving Counseling uses cognitive re-framing when viewing issues, in order to move on in one's life and feel the contentment that is necessary for living a life with a sense of well-being and confidence. This is done by finding solutions and developing new skills to help resolve problem issues in a more efficient way, which will reduce your stress and worry.

You have an opportunity for guidance from a professional to help with the solution to make your worry and anxiety go away.

Contact Joslyn Wellness Center for complete details:



760-895-4656 | MajestyG@JoslynCenter.org
JoslynCenter.org/Wellness-Center
73-750 Catalina Way, Palm Desert, CA 92260

Made possible by funding from The Kuen Foundation, Desert Healthcare District & Foundation, The Costa and Donald Barker Foundation, Grace Helen Spierman-Charitable Foundation, The Houston Family Foundation, and the RRP Foundation.



Together, we'll find the place to call home.



PALM SPRINGS SENIOR ADVISORS

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Boost your memory & brain health



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Led by Dr. Dennis Ritchie, Ph.D.

2-3 Session Course
Thursdays, 1:30 - 3:30pm

**Courses beginning on
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\$10 for the complete course
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Pre-registration is required.

IT'S THAT TIME

**Do you have questions about
your Medicare plan?**

**LET'S TALK
ABOUT IT**

Julie Sarmiento

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SCAN ME !



**There's a lot to
consider,
I can help!**



We do not represent every plan in your service area.
Currently, we represent 16 carriers that offer 101 products.
Please contact 1800Medicare, Medicare.gov or your State
Health Insurance Program (SHIP) for information on all of
your options.



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We want to help you with Medicare.



WINE AND ALL THAT JAZZ: ITALIAN STYLE
WEDNESDAY, NOVEMBER 5, 2025, 5:30-8:30PM
CLASSIC CLUB, PALM DESERT

PROSECCO & ANTIPASTI RECEPTION
ITALIAN FOUR-COURSE WINE PAIRING DINNER
LIVE AUCTION & FUND APPEAL
JAZZ ACCOMPANIMENT BY TRIO ITALIANO

\$300 per person

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760-895-4654 or Info@JoslynCenter.org

JoslynCenter.org/Fundraising-Events

Lessons

OUTDOOR Pickleball
with Henry

Monday Thursday Friday
Beginner 10-11am
Intermediate 11am-Noon

Open Court Monday-Friday 8:00am-4:30pm
(Only one court available during lessons)

THANK YOU TO OUR SPONSORS, UNDERWRITERS & TABLE CAPTAINS!

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Hot Purple Energy

LAZIO TABLE CAPTAINS

Stephen Gale

Barbara Mitchell &



June Ramsey

BUSINESS PARTNER SPOTLIGHT PALM SPRINGS SENIOR ADVISORS



When is senior living right for you? Many older adults begin exploring options in their mid-60s to early 70s, as daily tasks like housekeeping or cooking start feeling more burdensome.

With deep roots in the Coachella Valley and years of walking families through this journey, Palm Springs Senior Advisors founder Douglas Sorenson turns what feels overwhelming into something empowering.

Whether it's independent living, assisted living or memory care, Douglas helps clients navigate alternatives and discover the setting where their next chapter feels just right — and the best part? His help comes at no cost.

For information, contact Douglas at 760-218-5503 or Douglas@PalmSpringsSeniorAdvisors.com, or visit PalmSpringsSeniorAdvisors.com.

JOSLYN CENTER BUSINESS PARTNERS

CATEGORY	BUSINESS PARTNER	CONTACT	PHONE	WEBSITE
Assisted Living/ Memory Care	Vista Cove at Rancho Mirage	Gerry Neighbors	760-324-4604	VistaCove-RM.com
Assisted Living/ Memory Care	Caleo Bay Alzheimer's Care Ctr.	Anthony Aniasco	760-996-2745	SunshineRetirementLiving.com/ Caleo-Bay-Assisted-Living-La-Quinta
Behavioral Health	BrainWorks Behavioral Health	Lyndsey King	858-914-1347	BrainWorksBehavioralHealth.com
Funeral & Cremation	Forest Lawn	Eric Sanchez	323-497-7971	FLCoachellaValley.com
Healthcare	Alzheimers Coachella Valley	Priscilla Kubas	760-776-3100	CVAIzheimers.org
Healthcare	Desert Regional Medical Center Desert Care Network	Debra Gruszecki Brown	760-323-6511	DesertCareNetwork.com
Healthcare	Desert Oasis Healthcare	Rob Banchich	323-394-1174	myDOHC.com
Healthcare	Eisenhower Health	Brett Klein	760-340-3911	EisenhowerHealth.org
Healthcare	Kaiser Permanente	Carolina E. Meza		KaiserPermanente.org/Southern-California
Healthcare	Low Vision Provider	Dr. Greg Evans	760-578-5034	LowVisionProvider.com
Healthcare	Optum Care Network	Laura Ramirez	760-770-8678	Optum.com
Healthcare	Guardant Health	Rossalyn Lopez	951-326-0637	GuardantHealth.com
Healthcare	WelbeHealth	Joan Perkins	970-413-2824	Welbehealth.com
Home Care	24hrCargivers	Allen Tahir	760-888-9000	24HourCaregivers.com
Home Care	A&A Home Care Services	Karina Ocamp	760-641-5088	AA-Homecare.com
Home Care	Always Best Care	Sandra Mendoza	760-851-0740	AlwaysBestCare.com/Palm-Desert
Home Care	Assisted Living Locators	Kendall Forbes	760-576-3000	AssistedLivingLocators.com
Home Care	Caring Companions at Home	Diane Mondini	760-771-6263	CaringCompanionsAtHome.com
Home Care	MS Care LLC	Marie Sokolik	760-574-3175	MSCareInc.com
Home Care	Palm Springs Senior Advisors	Douglas Sorenson	760-218-5503	PalmSpringsSeniorAdvisors.com
HVAC Service	Paul Mitchell's Air Care	Paul Mitchell	760-625-5861	PMAirCare.com
Insurance	Alignment Health Plan	Stephon Tyson	949-306-7012	AlignmentHelathPlan.com
Insurance	Bilhartz Desert Insurance Agency	Julie Sarmiento	760-835-1651	BilhartzInsurance.com
Insurance	SCAN Health Plan	Ruth Osborn	661-609-3602	ScanHealthPlan.com
Legal Services	J. Arthur Law Firm	Dean Ehrlich	760-201-3215	JArthurLaw.com
Retirement Living	Revel Palm Desert	Jessica Moreno	760-316-3366	RevelCommunities.com/ Communities/Palm-Desert
Roofing	Reliable Roofing	Todd Gregory	760-568-1673	ReliableRoofingByTGY.com
Utility	Southern California Edison	Aaron Thomas	760-202-4293	SCE.com

Annual Business Partner memberships are \$300 (Bronze), \$600 (Silver), and \$1,200 (Gold) with commensurate benefits.

For further information, please visit JoslynCenter.org/Business-Partners or contact Alex Garcia at 760-895-4652 or AlexG@JoslynCenter.org.

KEYS TO HEALTHY AGING FOR SENIORS

Healthy aging is about more than just managing physical health; it is a holistic process of maintaining one's overall well-being as they grow older. By adopting positive lifestyle choices and healthy habits, seniors can lead vibrant, independent lives and may prevent or delay many age-related health issues.

PHYSICAL WELLNESS: Regular physical activity is vital for seniors to stay strong and independent. The benefits include improved mood, better sleep, reduced joint pain, and a lower risk of chronic diseases like heart disease and diabetes.

- **Variety is key:** A balanced exercise routine should include aerobics, strength training, flexibility, and balance exercises.
- **Start slow:** For those who are not regularly active, starting with as little as five minutes of moderate activity per day can be beneficial, gradually building up over time.
- **Low-impact options:** Gentle, low-impact activities like walking, swimming, tai chi, and yoga are excellent for avoiding excessive pressure on joints.

NUTRITIONAL HEALTH: A nutritious diet provides the fuel needed to maintain energy, muscle mass, and a healthy weight.

- **Focus on whole foods:** A healthy diet includes plenty of fruits, vegetables, whole grains, lean proteins, nuts, and seeds.
- **Manage key nutrients:** Pay attention to consuming enough protein to preserve muscle and getting sufficient vitamin B12, calcium, and vitamin D.
- **Stay hydrated:** As people age, their sense of thirst may decrease, so it's important to drink water and other healthy fluids regularly throughout the day.

MENTAL AND SOCIAL ENGAGEMENT: Engaging the mind and staying socially connected can help improve cognitive flexibility and combat feelings of loneliness and depression.

- **Stimulate the brain:** Reading, doing puzzles, playing games, and learning new skills or languages can strengthen neural connections and keep the mind sharp.
- **Nurture social bonds:** Maintain relationships by scheduling

time with family and friends, or make new connections by volunteering, joining a club, or taking a class.

- **Utilize technology:** Use technology like video chats and social media to stay in touch with loved ones, especially if they live far away.

QUALITY SLEEP: The National Institute on Aging recommends that older adults get 7–9 hours of sleep per night.

- **Establish a routine:** Going to bed and waking up at the same time each day helps regulate the body's natural sleep rhythms.
- **Create a good sleep environment:** Keep the bedroom cool, dark, and quiet. Avoid large meals, alcohol, caffeine, and electronic screens close to bedtime.
- **Address concerns with a doctor:** If sleep issues persist, a doctor can help determine the cause and recommend solutions.

REGULAR MEDICAL CHECKUPS: Staying on top of your health care routine is a proactive way to manage chronic conditions and receive preventive care.

- **Manage existing conditions:** Follow a doctor's advice for managing conditions like high blood pressure, diabetes, and arthritis.
- **Get recommended screenings:** Stay current on routine health screenings and vaccines for conditions like the flu, pneumonia, and shingles.
- **Review medications:** Regularly review all prescription and over-the-counter medications with a health care provider, as some can affect memory or sleep.

WELLNESS CENTER FUNDING

The Auen Foundation
Bighorn Golf Club Charities / Bighorn Cares
Coachella Valley Wellness Foundation
The Coeta and Donald Barker Foundation
Desert Healthcare District & Foundation
The Riverside Co. Nonprofit Assistance Fund,
a component fund of the
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National Council on Aging
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Steve Tobin, Johnny Krupa &
Grace Helen Spearman Charitable Foundation
Regional Access Project Foundation

SOCIAL SERVICES GRANTORS

Agua Caliente Band of Cahuilla Indians
The Barbara Steffens Fund
The Champions Volunteer Foundation
Coachella Valley Wellness Foundation
The Coeta and Donald Barker Foundation
Desert Care Network
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San Manuel Band of Mission Indians
Stater Brothers Charities
Steve Tobin, Johnny Krupa & the Grace Helen
Spearman Charitable Foundation

JOSLYN CENTER LEGACY CIRCLE

Our heartfelt gratitude to the Legacy Circle members for their deep commitment to the Joslyn Center.

Their gifts and generosity will live on forever.

J & D Bird Trust

Dr. Abram I. & Sylvia S. Chasens Endowment Fund*

Ms. Deko

Richard Etts

John & Beverly Fitzgerald Family Trust

Leanna Giugliano*

Chip Lyman

Patricia "Patty" M. Newman Trust

Peter Rittenhouse

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Barbara Steffens / The Barbara Steffens Fund

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Jennie S. Bohanova Estate*

Mary Patricia Schneller Trust*

Aundria Warren

**In Memoriam*

HAVE YOU PLANNED YOUR ESTATE PLAN?

Put your TRUST in Joslyn Center!

Where there's a WILL, there's a way!

What will your LEGACY be?



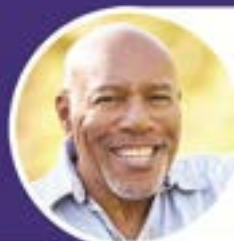
Please consider including the Joslyn Center in your trust or will. Planned giving provides the opportunity to make a substantial future gift while preserving current financial security. Gift options often include tax incentives and other financial benefits (e.g., a charitable gift annuity).

For more information, please visit JoslynCenter.org/Support/Planned-Giving or contact Jack Newby at 760-895-4649 or JackN@JoslynCenter.org.

DESERT OASIS
HEALTHCARE

Your Health. Your Life. Our Passion.

Dedicated to Helping You Live Well!



Joslyn Senior Center: Where Every Day Brings New Possibilities.

In Palm Desert, older adults connect, learn, and thrive at Joslyn—where programs, support, and friendships create a true community.

At Desert Oasis Healthcare, Our Care Services Include:

Primary Care • Specialty Care
Home Health Care • Rehabilitation Services
Medication Management • Mental Health Services
Nutritional Services • Hospice and Palliative Care



Celebrating
45 YEARS
of Advancing Healthcare
DESERT OASIS
HEALTHCARE
Your Health. Your Life. Our Passion.

For more information, please call (760) 320-5134 or visit our website at MyDOHC.com



JOSLYN COMMUNITY Food Bank

FRESH PRODUCE, NON-PERISHABLES, BAKED GOODS

FRIDAYS 8:00AM UNTIL 10:00AM WHILE SUPPLIES LAST

CLOSED Friday, Nov. 26
OPEN Tuesday, Dec. 23
CLOSED Friday, Dec. 26
CLOSED Friday, Jan. 2



Joslyn Singles with John

October 2	Sam's Sushi, LQ	3:30pm
October 9	City Wok, PD	3:30pm
October 16	Stuft Pizza Bar & Grill, PD	3:30pm
October 23	Red Robin, LQ	3:30pm
October 30	Pier 88 Seafood & Bar, PD	3:30pm

Please contact John at 760-989-7031 to RSVP.

Happy Hour / special pricing may be available.

CASH ONLY PER SINGLES' GROUP POLICY

Arrive at 3:30pm for Mix & Mingle. Dinner order at 4pm.

Please see weekly e-newsletter for November & December restaurants.

Cove Communities Senior Association
The Joslyn Center
 73-750 Catalina Way
 Palm Desert, CA 92260-2906
 760-340-3220
 JoslynCenter.org

NONPROFIT
 ORGANIZATION
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or current resident



WEDNESDAY MATINEE MOVIES, 2-4pm

Oct. 1	Lemony Snicket's A Series of Unfortunate Events , 2004 When a massive fire kills their parents, three children are delivered to the custody of cousin and stage actor Count Olaf, who is secretly plotting to steal their parents' vast fortune.
Oct. 8	The House with a Clock in Its Walls , 2018 A young orphan named Lewis Barnavelt aids his magical uncle in locating a clock with the power to bring about the end of the world.
Oct. 15	The Haunted Mansion , 2003 A realtor and his wife and children are summoned to a mansion, which they soon discover is haunted, and while they attempt to escape, he learns an important lesson about the family he has neglected.
Oct. 22	Casper , 1995 An afterlife therapist and his daughter meet a friendly young ghost when they move into a crumbling mansion in order to rid the premises of wicked spirits.
Oct. 29	Carnival of Souls , 1962 Cult classic just in time for Halloween! After a traumatic car accident, a woman makes a fresh start in a new town and becomes drawn to a mysterious abandoned carnival.
Nov. 5	Looney Tunes: Back in Action , 2003 Bugs Bunny and Daffy Duck team up with an aspiring stuntman and a studio executive in order to rescue the stuntman's missing father and locate a mythical diamond before the head of a major conglomerate uses it for his own wicked deeds.
Nov. 12	Night at the Museum , 2006 A newly recruited night security guard at the Museum of Natural History discovers that an ancient curse causes the animals and exhibits on display to come to life and wreak havoc.

In Observance of Seasonal Holidays, Joslyn Center Will Be Closed on the Following Dates:

Thursday & Friday
November 27 & 28

Wednesday - Friday
December 24 - 26

Wednesday, December 31
Thursday & Friday, January 1 & 2




Nov. 19	The Goonies , 1985 A group of young misfits called The Goonies discover an ancient map and set out on an adventure to find a legendary pirate's long-lost treasure.
Nov. 26	E.T. the Extra Terrestrial , 1982 A troubled child summons the courage to help a friendly alien escape from Earth and return to his home planet.
Dec. 3	The Holiday , 2006 Amanda lives in LA and is a movie trailer editor. Iris lives in Surrey and is a journalist. The two decide to swap houses for two weeks at Christmas - both trying to forget their troubled love lives, until love finds them anyways.
Dec. 10	Elf , 2003 Raised as an oversized elf, Buddy travels from the North Pole to New York City to meet his biological father, Walter Hobbs, who doesn't know he exists and is in desperate need of some Christmas spirit.
Dec. 17	Red One , 2024 After Santa Claus is kidnapped, the North Pole's Head of Security must team up with a notorious hacker in a globe-trotting, action-packed mission to save Christmas.

Special thanks to the Cities of Indian Wells, Palm Desert and Rancho Mirage for their ongoing support!